

SFBAPS Library Resources - Books - as of June 2004

CATEGORY	AUTHOR	TITLE, PUBLISHER, & SYNOPSIS
ADA	CA Health & Human Services Agency	ADA: A Comprehensive Overview. 2000. California Dept. of Rehabilitation, ADA Implementation Unit. 50 pgs. EST
ADA	Protection & Advocacy, Inc.	Employment Rights Under the Americans With Disabilities Act. 2nd Edition, February 1999. (Sacramento, Protection & Advocacy, Inc. "PAI") www.pai-ca.org 1-800-776-5746
ADA	Reid, Susan & Miller, Deborah	Public Access Requirements for the Disabled in California, Federal and State Regulations. By: Susan M. Reid & Deborah K. Miller. [Berkeley: Continuing Education of the Bar, 1996] 55pgs. (Softcover)
ADA	US Dept. of Justice	A Guide to Disability Rights Laws. (US Dept. of Justice, Civil Rights Division, May 2002). 21 pgs. (Paperback)
ADA	US Dept. of Justice	American With Disabilities Act: ADA Guide for Small Businesses. (US Dept. of Justice, Civil Rights Commission, 1997) 15 pgs.(Paperback)
ADA	US Dept. of Justice	American With Disabilities Act: Questions and Answers. (US Dept. of Justice, Equal Employment Opportunity Commission, 2002) 31 pgs.(Paperback)
ADA	US Dept. of Justice	Enforcing the ADA: A Status Report from the Department of Justice. (U.S. Dept. of Justice, Civil Rights Commission, 2002, Issue 2) 18 pgs.(Paperback)
AGING	Kaiser Fdtn.	Agging With A Disability: The Late Effects of Polio. Program book for 6th Annual Rehabilitation Symposium, Kaiser Foundation Rehabilitation Center, September 19, 2003. (Co-sponsored by SFBAPS). 200 pgs. EST (spiral bound) [Videos of conference proceedings are also available]
AGING	Rancho Los Amigos Med. Ctr.	Meeting the Challenges of Aging With A Disability: Lessons Learned From Post Polio and Stroke. (A Research Update With Practical Analysis). March 19-20, 1993, Long Beach, CA. Program Book. Co-Editors: Margaret L. Campbell, PhD & Arleen Wilson Jacobs. (Sponsored by the Rehabilitation Research & Training Center on Aging, Rancho Los Amigos Medical Center, Downey, CA, in conjunction with Southern California Post Polio Network, Stroke Association of Southern California, and International Polio Network.) (looseleaf binder)
DISABILITY ADVOCACY	CA Health & Human Services Agency	What About IHSS? (In-Home Supportive Services). 2001. California Health & Human Services Agency, Department of Developmental Services, 2001. 50 pgs. EST
DISABILITY ADVOCACY	Disability Rights Advocates, CA	Disability Watch: The Status of People With Disabilities in the United States, Vol. 2. Principal author & analyst: H. Stephen Kaye, Ph.D. [Oakland, CA: Disability Rights Advocates, 2001] [www.dralegal.org] 106 pgs. (Softbound) "Featuring reports on: 1) Access to Health Care & Health Insurance; 2) Mental Health Disabilities; 3) Learning Disabilities; 4) Earnings & Employment; 5) Technology & Disability."
DISABILITY ADVOCACY	Disability Rights Advocates, CA	Through The Maze: A Guide to Health Care & Insurance Rights & Resources for Californians With Disabilities. Principal author: Robin L. Goldfaden. [Oakland, CA: Disability Rights Advocates, 2001] [www.dralegal.org] 150 pgs. (Softbound) "By introducing you to federal and state laws that protect Californians with disabilities, this handbook can help. When you know your rights, you can be a better advocate for yourself and your family. The handbook has three main sections: 1) Access to Health Care; 2) Private Insurance; 3) Public Health Programs. This handbook is a resource you can keep and turn to when you have questions about access to health care, insurance, or public health benefits in CA."

DISABILITY ADVOCACY	Hoffa, Helen & Morgan, Gary	Yes You Can: A Helpbook For The Physically Disabled. <i>By: Helynn Hoffa & Gary Morgan. [NY: Pharos Books, 1990] 309 pgs. (Softbound) "Helynn Hoffa has been confined to a wheelchair and iron lung since an attack of polio at the age of eight. She is a professional journalist who has run a child-care center and radio show, attended several colleges and universities, published poetry and a children's book, and otherwise done whatever she set out to do." "...After years of struggling with her own disability, Helynn Hoffa has gained a wealth of hard-won experience on overcoming the obstacles that can stand in a disabled person's way. Here, she shares what she knows: How to get an education, or a job: how to answer those unmasked questions; How to maintain a social life: making friends, dating, participating in sports; How to find the help you need, including hundreds of names and addresses for support groups, equipment, information; How to go wherever you want, do whatever you want. In their clear, no-nonsense style, and sprinkled with the many success stories they have encountered, (the authors) encourage and guide the disabled - and their friends, family,</i>
DISABILITY ADVOCACY	Keene, Nancy	Working With Your Doctor: Getting the Healthcare You Deserve. <i>By: Nancy Keene. [Sebastopol, CA: O'Reilly & Assoc., Inc., 1998] 357 pgs. (Softbound) "Getting excellent health care in today's world requires that you actively participate in the process, whether you receive care from individual physicians, a practice group, or an HMO. <u>Working With Your Doctor: Getting the Healthcare You Deserve</u> teaches you to be your own advocate, to get the very best in health care, and to have the best possible relationship with your doctors. ...(It) gives you in-depth, practical facts on: Finding the right doctor; Communicating your needs effectively; Rights and responsibilities of the physician and patient; Asking questions about tests, drugs, and surgery; Researching existing medical literature; Getting what you need most from your managed care provider; Resolving problems when decision making is not fully shared or when your care is compromised. Being well informed protects you against mistakes and marginal care...."</i>
DISABILITY ADVOCACY	Marshall, Melissa	Getting It: Persuading Organizations and Individuals to be More Comfortable with People with Disabilities. <i>By: Melissa Marshall. Editor Stanley D. Klein, PhD. [San Jose: People With Disabilities Press, an imprint of iUniverse, Inc., 2002] 129 pgs. (Softcover)</i>
DISABILITY ADVOCACY	NRH Center for Health & Disability Research	Finding Your Way Through the HMO Grievance and Appeals Process: An NRH Field Guide for People With Disabilities. June 2002. <i>Prepared by Susan Palsbo, PhD, NRH Center for Health & Disability Research. 28 pgs. (spiral bound)</i>
DISABILITY ADVOCACY	Polio Network, Inc.	Stay Well! (The Polio Network's Manual For A Health Promotion Program). <i>Presented by Polio Network, Inc., a Michigan-Based Organization Serving Post-Polios Everywhere. Edited by Sunny Roller, MA & Frederick Maynard, MD. [Itasca, MI: Polio Network, Inc., 1991] 339 pgs. (spiral bound)</i>
DISABILITY ADVOCACY	Protection & Advocacy, Inc.	Accessing Assistive Technology: The Rights of Persons With Disabilities. Revised January 2000. (Sacramento, Protection & Advocacy, Inc. "PAI") www.pai-ca.org 1-800-776-5746
DISABILITY ADVOCACY	Protection & Advocacy, Inc.	Managing Mental Health Care: A Report on California's Medi-Cal Mental Health System, 1997-1999. Sponsored by California Network of Mental Health Clients and other organizations. January 13, 2000. (Sacramento, Protection & Advocacy, Inc. "PAI") www.pai-ca.org 1-800-776-5746
DISABILITY ADVOCACY	Protection & Advocacy, Inc.	Medi-Cal Mental Health Managed Care: Questions & Answers. 1st Edition, January 11, 1999, Revised January 20, 2000. (Sacramento, Protection & Advocacy, Inc. "PAI") www.pai-ca.org 1-800-776-5746
DISABILITY ADVOCACY	Protection & Advocacy, Inc.	Rights Under The Lanterman Act. (This California Law gives people with developmental disabilities the right to services and supports that allow them to live a more independent and normal life.) (Oakland, Protection & Advocacy, Inc. "PAI") Revised Edition 1999. (No. 5063.01) (spiral bound, 125 pgs. EST)
DISABILITY ADVOCACY	World Institute on Disability	World Institute on Disability Business Plan 2002-2006. 22 pgs. Paperback.

DME	Karp, Gary	Choosing A Wheelchair: A Guide for Optimal Independence [Sebastopol, CA: O'Reilly & Assoc., Inc., 1998] 180 pgs. (Softbound) <i>"In <u>Choosing a Wheelchair</u>, longtime chair user and ergonomics consultant Gary Karp guides you through the selection process to help you identify the chair that can provide you with optimal independence. He covers such topics as: The wheelchair as a mobility tool; The selection process and your part in it; How to compare manufacturers (including smaller, niche manufacturers); Basic choices such as: Power or manual? Fixed frame or folding?; Features and options for both power and manual chair users; Paying for the chair; Wheelchair maintenance; A primer on wheeling technique."</i>
DME	Karp, Gary	Life on Wheels For the Active Wheelchair User. By: Gary Karp. [Sebastopol, CA: O'Reilly & Associates, Inc., 1999] 549 pgs. (Softcover) <i>"The Wheelchair User Reference Book". Author describes medical issues (including sensation and dangers of paralysis, circulatory issues, the rehab experience, choosing the optimal wheelchair, and cure research), day-to-day living issues (such as keeping fit, skin care, bowel and bladder care, sexuality, home access, maintaining a wheelchair, wheeling technique, and dealing with insurance problems), psychological and social issues (such as self-image, adjustments to life change, friends, family, asking for and receiving help, cultural attitudes, history of disability, and activism). Life on Wheels offers practical ways to adapt and optimize the quality of life. The stories of other chair users illustrate a range of concerns and possibilities.</i>
DME	No Limits, Inc.	The Complete Product Guide For People With Disabilities. (Horsham, PA: No Limits, Inc., 2002). 256 pgs. (Softcover) productguide@leonardmedia.com (215) 675-9133 <i>"Products listed promote independence and a high quality of life."</i> 9
EMPLOYMENT	Edwards, Margaret Hart	Americans With Disabilities Act, A Practical Guide For Employers. By: Margaret Hall Edwards. [Berkeley: Continuing Education of the Bar, 1994] 75pgs. (Softcover) <i>Provides a summary, overview and enforcement procedures.</i>
EMPLOYMENT	Edwards, Margaret Hart & Laidlaw, Bruce	Posting and Recordkeeping Requirements, A Practical Guide for Employers. By: Margaret Hart Edwards & Bruce W. Laidlaw. [Berkeley: Continuing Education of the Bar, 1997] 76pgs.
FINDING A CURE FOR POLIO	Berg, Roland H.	Polio And Its Problems. By: Ronald H. Berg. (Forward by Basil O'Connor) Philadelphia: J.B. Lippincott Co., 1948] 174 pgs. (Hardcover) <i>"The biography of a disease... an uncontrolled disease."</i>
FINDING A CURE FOR POLIO	Berg, Roland H.	The Challenge of Polio: The Crusade Against Infantile Paralysis. By: Roland H. Berg. (Intro by Basil O'Connor) [NY: Dial Press, 1946] 208 pgs. (Hardcover) <i>"This is the biography of a disease – the gray sickness known to scientists as poliomyelitis, to the public as infantile paralysis or polio....During the many months I spent in setting down this story one wish has been uppermost in m mind: that this were not the biography of polio, but its obituary." "It is only natural that those who have made possible scientific research into infantile paralysis should ask: 'How are we doing?' So far the answer has been: ' No preventive, no cure.' Yet many things have been ascertained about infantile paralysis and scientific knowledge has increased. Numerous blind trails have been followed to narrow the field to the remaining unexplored trails one of which some day will prove to be right. A report of this work is not easily made in simple, non-technical words. Yet, Roland Berg, in this book, has attempted to explain truthfully and understandably scientific research in poliomyelitis, so that those who sponsored the research might know what has been accomplished. M</i>
FINDING A CURE FOR POLIO	Cohn, Victor	Four Billion Dimes. By: Victor Cohn. [Mspls,MN: Minneapolis Star and Tribune, 1955] 134 pgs. (Hardcover). The articles are a reprint of a series that appeared in April 1955 Minneapolis Morning Tribune.

- FINDING A CURE FOR POLIO Eron, Carol **The Virus That Ate Cannibals: Six Great Medical Detective Stories.** By: Carol Eron. [NY: Macmillan Publ. Co., 1981] 183 pgs. (Hardback with jacket) "...a resounding tribute to the defeat of the horrible plague of yellow fever, ... to the conquest of polio, begun by Jonas Salk and brought to a triumphant conclusion by his arch-rival, Albert Sabin. Here, too, is the anguish of Dr. Sabin, who was compelled for ethical reasons to test his revolutionary vaccine on his own small daughters. Nobel Prize-winning molecular biologist David Baltimore conducts the reader on a tour of the arcane world of viruses that can cause cancer. And with a your physician we trek through fierce mountain jungles to find a bizarre new killer virus that "ate cannibals" - and may eat us. Ranging from fieldwork to laboratory studies, each of these six dramatic accounts is filled with rich, engaging details that vibrate with the excitement of discovery. Biographical, intellectual and historical backgrounds are blended into lively accounts of daily events, and these anatomies of discovery draw on a diversity of
- FINDING A CURE FOR POLIO Frauds (Jan/Feb 1944) **The March of Dimes Falts: Serious Changes Made By Los Angeles Workers.** By: Dan Paul (Pages 1-4, January-February 1944 issue of 'Frauds and Answers Magazine', Vol. 4 No.2)
- FINDING A CURE FOR POLIO Hargrove, Jim **The Story of Jonas Salk and the Discovery of the Polio Vaccine.** By: Jim Hargrove. [Chicago: Childrens Press, Inc., 1990] 32 pgs. (Hardcover) (Cornerstones of Freedom series)
- FINDING A CURE FOR POLIO Hooper, Edward **The River: A Journey to the Source of HIV and AIDS.** By: Edward Hooper. [Boston: Little, Brown & Co., 1999] 1070 pgs. (Hardcover with jacket) "Based on over a decade of research, ... The River examines the myriad theories about the origin of the AIDS epidemic - and reaches a stunning and startling conclusion. Since the early 90s, serious HIV researches have been aware that the most common variant of HIV - human immunodeficiency virus - is the direct descendant of an SIV - simian immunodeficiency virus - carried by African chimpanzees. This still leaves, however, the important and puzzling question of how the virus jumped from chimps to humans, which is all the more intriguing because scientists believe that the SIV has existed harmlessly in chimps for thousands of years, but transferred to humans in the middle of the 20th century. At the end of the century, most informed observers believe that only two viable explanations remain for how this happened. Many doctors and scientists think the transfer was 'natural,' the result of human/chimp encounters - either from keeping the chimps as pets, or from hunting and skinning chimps for food. That AIDS ap
- FINDING A CURE FOR POLIO Kovacs, Ernest **The Biochemistry of Poliomyelitis Viruses (A Synopsis of Poliomyelitis Infection and Research).** By: Ernest Kovacs. [NY: MacMillan Co., Pergamon Press Book, 1964] 272 pgs. (Hardcover with jacket) *International Series of Monographs on Pure and Applied Biology/Modern Trends in Physiological Sciences Volume 21.*
- FINDING A CURE FOR POLIO Marsa, Linda **Prescription For Profits: How the Pharmaceutical Industry Bankrolled the Unholy Marriage Between Science and Business.** By: Linda Marsa. [NY: Scribner, 1997] 304 pgs. (Hardcover with jacket) "In Prescription For Profits, science writer Linda Marsa tracks the rise and fall of research science as told through the spectacular growth of the pharmaceutical industry. As Marsa shows, the achievements of American science during the post war era were stellar: the cure of polio, the cracking of the genetic code, the pioneering drug therapies. In the early 1970s, though, such scientists as Herbert Boyer discerned the rewards of launching their own companies. He led an exodus of his colleagues into the burgeoning biotechnology industry - first a trickle, then a flood. The major companies grew filthy rich and politically powerful, particularly because of deregulation during the Reagan administration. The lure of huge profits dramatically changed medical research, with ramifications that continue to affect our lives profoundly. From Nixon's war on cancer to the current AIDS crisis to the future of human gene therapy, this marriage between medical research and corpora
- FINDING A CURE FOR POLIO National Foundation For Infantile Paralysis **Poliomyelitis: Papers and Discussions Presented at the First International Poliomyelitis Conference.** Compiled and edited for the International Poliomyelitis Confgress. {Philadelphia: J.B. Lippincott, 1949] 360 pgs. (Hardcover)

FINDING A CURE FOR POLIO	Rogers, Naomi	Dirt and Disease: Polio Before FDR. By: Naomi Rogers. [New Brunswick, NJ: Rutgers University Press, 1992] 2d printing 1996. 258 pgs. (Softcover) " <i>Dirt and Disease</i> is a social, cultural, and medical history of the polio epidemic in the US. Naomi Rogers focuses on the early years from 1900 to 1920, and continues the story to the present. She explores how scientists, physicians, patients, and their families explained the appearance and spread of polio within a set of larger questions about health and disease in 20th century American culture."
FINDING A CURE FOR POLIO	Rowland, John	The Polio Man, The Story of Dr. Jonas Salk. By: John Rowland. [NY: Roy Publishers, 1960] 128 pgs. (Hardcover)
FINDING A CURE FOR POLIO	Seavey, Nina & Smith, Jane & Wagner, Paul	A Paralyzing Fear: The Triumph Over Polio in America. By: Nina Gilden Seavey, Jane S. Smith, & Paul Wagner. [NY: TV Books, 1998] 288 pgs. (Hardcover with jacket) " <i>A Paralyzing Fear</i> is not only a history of polio and the search for a cure, but a testimony to America's commitment to triumph over one of its most terrifying epidemics.... The compelling book is based on thousands of research and illustrated with more than 240 rare historical photographs." This book was supported by The National Endowment of the Humanities, The Corporation for Public Broadcasting, Wyeth-Ayerst Laboratories, and the George Washington University. A video with the same title as this book is also available.
FINDING A CURE FOR POLIO	Smith, Jane	Patenting The Sun: Polio and the Salk Vaccine. By: Jane A. Smith. (Subtitle: <i>The dramatic story behind one of the greatest achievements of modern science.</i>) [NY: William Morrow Co., 1990] 413 pgs. (Hardcover with jacket) " <u><i>Patenting the Sun</i></u> makes real to us the people and events behind the development of Salk's vaccine. Beginning with Franklin Roosevelt's private battle against paralysis, <u><i>Patenting the Sun</i></u> describes how a small laboratory experiment became a national event of a size and complexity never seen before.... Based on over 100 hours of interviews and five years of research into scientific and historical sources (including Jonas Salk's unpublished papers), <u><i>Patenting the Sun</i></u> is above all a chronicle of people - of the shifting alliances of scientists, politicians, businessmen, and volunteers who took the campaign against polio from Warm Springs, Georgia, to the White House and on to the living rooms and classrooms of America...." Jane S. Smith, the author, was a polio pioneer.
HISTORICAL (Medical Care for Polio)	Delano, Jane (R.N.)	<u>American Red Cross Text on Home Hygiene and Care of the Sick.</u> Fourth Ed. By: Jane Delano, R.N. [Phil.: Blakiston Co., 1933] (390 pgs. (Softbound) The original was published in 1913 under the name of <u>Elementary Hygeine and Care of the Sick</u> , with Jane Delano and Isabel Mclsaac as its joint authors. "The instruction in <i>Home Hygiene and Care of the Sick</i> is not intended to take the place of a regulation course in nursing; neither is it intended as preparation for those who expect to earn their living as practical nurses." It gives an "appreciation and elementary knowledge of home and personal hygiene and the principles of sanitation and of simple nursing" and the "cause and prevention of disease."
HISTORICAL (Medical Care for Polio)	Draper, George (MD)	Acute Poliomyelitis. By: George Draper, MD. [Philadelphia: P. Blakiston's Son & Co., 1917] 149 pgs. (Hardcover)
HISTORICAL (Medical Care for Polio)	Frauenthal, Henry W. (MD) & Manning, Jacolyn (MD)	A Manual of Infantile Paralysis with Modern Methods of Treatment. By: Henry W. Frauenthal, AC, MD and Jacolyn Van Vliet Manning, MD. [Philadelphia: F.A. Davis Co., 1914] 374 pgs. (Hardcover)
HISTORICAL (Medical Care for Polio)	Galloway, Thomas C. (MD)	Treatment of Respiratory Emergencies Including Bulbar Poliomyelitis. By: Thomas C. Galloway, MD. edited by Norton Canfield, MD. [Springfield, IL: Charles C Thomas, 1953] 94 pgs. {Publ. #168, American Lecture Series; A Monograph in American Lectures in Otolaryngology Audiology and Bronco-Esophagology}

- HISTORICAL (Medical Care for Polio) Karlen, Arno **Man and Microbes, Disease and Plagues in History and Modern Times.** By: Arno Karlen. [NY: G.P. Putnam's Touchstone Books, 1995] 266 pgs. (Softcover) "Arno Karlen presents a dramatic panorama of the natural history of disease. He describes the terror of measles and smallpox that raked the ancient empires of Rome and China; the intertwined stories of leprosy and tuberculosis; the onslaught of European microbes that devastated the peoples of the Americas; and the much forgotten influenza pandemic of 1918 that killed tens of millions. Now modern diseases such as AIDS, Lyme disease, and the deadly Ebola virus pose new problems and challenges for us all." (Author is a writer, researcher, and psychotherapist. His essays on history, medicine, and behavioral science have appeared in many scholarly journals and popular magazines.) [Polio: 53, 149-154]
- HISTORICAL (Medical Care for Polio) Kugelmass, Newton (MD) **Handbook of the Common Acute Infectious Diseases.** (Adapted from "Clinical Pediatrics" by Newton I. Kugelmass, MD, PhD, ScD. [NY: Auralgan Research Division, 1949] 89 pgs. (Hardcover) Illustrated by Eve Madsen.
- HISTORICAL (Medical Care for Polio) Macfadden, Bernarr **Strengthening The Nerves.** By: Bernarr Macfadden. [NY: Macfadden Publ., Inc., 1928] 235 pgs. (Hardcover)
- HISTORICAL (Medical Care for Polio) McBean, Eleanor **The Hidden Dangers of Polio.** By: Eleanor McBean. (**Chapter 4 of "The Poisoned Needle"**) [Pomeroy, WA: Health Research, 1959] 86 pgs. (Spiral bound) "There exists confusion among public health officers, medical doctors and contradictions in the press as to the merits of the Salk vaccine. We believe this booklet will clarify the question for the layman. Is the Salk vaccine a panacea for polio or may it actually cause polio in many instances? Public officials remain divided upon the subject as this booklet will attempt to show. The publisher believes that polio will exist as long as the public remains indifferent to processed, embalmed, denatured and synthetic foods, poison sprays, soft drinks, vaccines and wrong eating habits."
- HISTORICAL (Medical Care for Polio) McBride, Earl D. & Sink, Winifred R. **Crippled Children and Orthopedic Nursing.** Second Ed. By: Earl D. McBride, B.S., M.D., F.A.C.S. & Winifred R. Sink, A.B., R.N.. (Chapter XI - Infantile Paralysis, pgs 163-182) [St. Louis: C.V. Mosby Co., 1937] 379 pgs. (Hardcover with jacket) "The purpose of this book is to present the principles and fundamentals necessary to an understanding of the existence, treatment and consequent nursing procedures in orthopedics.... Woven in with this story are many illustrations that visually explain parts of the text and thereby make it more interesting, complete, and vital."
- HISTORICAL (Medical Care for Polio) National Foundation For Infantile Paralysis **Poliomyelitis Current Literature, A Periodical Annotated List.** (Vol. 5, Nos. 1 and 2, Jan-Feb 1951) Prepared for The National Foundation For Infantile Paralysis, mostly from material supplied by the Editors of EXCERPTA MEDICA [NY: Broadway, 1951] Hardcover (approx. 200 pgs)
- HISTORICAL (Medical Care for Polio) Sandler, Ben P. (M.D.) **Diet Prevents Polio.** By: Ben P. Sandler, M.D. [Lee Fdtn. For Nutritional Research, 1951] 82 pgs. (Hardcover) "The purpose of this book is to show how one may fortify the body through diet and thus prevent infection. The method which I offer as a protection against polio is based on the concept that the maintenance of normal blood sugar levels will prevent the invasion of the body's tissues by the polio virus and thereby prevent the infection. I shall offer evidence to show that a lowering of the blood sugar to abnormally low levels is the most important factor of susceptibility to infection. Since the maintenance of normal blood sugar levels is fundamentally dependent on the food we eat, the method of prevention becomes a matter of diet....The concept that low blood sugar level is a factor of susceptibility to polio also helps us to understand why polio is more prevalent during the summer, why polio often follows physical exertion, fatigue, and swimming in cold water. It also helps us understand why rest helps prevent infection. I shall present evidence to show that these predisposing factors may c

HISTORICAL (Medical Care for Polio)	Sever, James Warren (M.D.)	The Principles of Orthopedic Surgery For Nurses. (2d Ed.) <i>By: James Warren Sever, M. D. (Chapter 5 - Infantile Paralysis, pgs. 152-170) [NY: MacMillan Co., 1932] 267 pgs. (Hardcover) "The material in this book is the result of many lectures to nurses on orthopedic surgery.... It is in no sense intended to be a medical textbook, but is intended to supply the nurses with knowledge of what orthopedic surgery comprehends, and the most accepted methods of treatment. It has seemed essential that there should be enough pictures so that the reader, who may be unfamiliar with the condition described, could at least see what was being described and discussed. I believe in this way they may prove a real practical and teaching asset. The material is largely drawn from the Children's Hospital, Boston, and the nursing technique is the result of many years' experience in its wards."</i>
HISTORICAL (Medical Care for Polio)	Stanbury, John B. (MD); Wyngaarden, James B. (MD); Fredrickson, Donald S. (MD)	The Metabolic Basis of Inherited Disease. <i>Edited by John B. Stanbury, MD; James B. Wyngaarden, MD; Donald S. Fredrickson, MD. [NY: McGraw-Hill Book Co., 1960] Student Edition. 1477 pgs. (Hardcover)</i>
HISTORICAL (Medical Care for Polio)	Stone, Elenor B. & Deyton, John W. (M.D.)	Corrective Therapy for the Handicapped Child. <i>By: Elenor B. Stone & John W. Deyton, M.D. (Chapter 10- Poliomyelitis, pgs. 170-186) [NY: Prentice-Hall, 1951 (1953)] 315 pgs. (Hardcover) "The primary purpose of this book is to treat the subject of physical and health education, including guidance, for all handicapped children from all angles in order to help physical education teachers in charge of these groups better meet the needs of their pupils as they arise. We do not attempt to present a single limited method as a guaranteed panacea. The book considers in detail the various types of deviations that may be encountered in a school situation and discusses each deviation separately, treating the causes, reactions, and curative or assistive measures that may be taken.... The rehabilitation program presented here aims not only at safety and good results through adaptation of normal physical education activities to handicaps, but also an adherence to the underlying principles of well-considered and properly administered guidance. In addition, this book contains much about the causes</i>
HISTORICAL (Medical Care For Polio)	Trott, Lona L. RN	American Red Cross Textbook on Red Cross Home Nursing. <i>By: Lona L. Trott, RN. [Philadelphia: Blakiston Co., 1942] 429 pgs. (Softcover) "Formerly, American Red Cross Textbook Home Hygiene and Care of the Sick, By Jane Delano, RN."</i>
MANAGEMENT	Drucker, Peter	Managing the Non-Profit Organization: Principles and Practices. <i>By: Peter F. Drucker. [NY: Haper Collins, 1990] 235pgs. (Softcover)</i>
MANAGEMENT	Fulton, Roger	Common Sense Leadership: A Handbook for Success as a Leader. <i>By: Roger Fulton. [Berkeley: Ten Speed Press, 1995] 127pgs (Softcover)</i>
MANAGEMENT	Maxwell, John	Developing the Leader Within You. <i>By: John C. Maxwell. [Nashville, TN: Thomas Nelson, Inc., 1993] 207pgs. (Hardcover)</i>
MANAGEMENT	Maxwell, John	The 21 Irrefutable Laws of Leadership: Follow Them and People Will Follow You. <i>By: John C. Maxwell. Foreword by Zig Ziglar. [Nashville, TN: Thomas Nelson, Inc., 1998] 231pgs. (Hardcover)</i>
MEMORIES OF POLIO EXPERIENCE	Andrews, Charles	No Time For Tears. <i>By: Charles H. Andrews [Garden City, NY: Doubleday & Co., Inc., 1952] 157 pgs. (Hardcover) Foreward by Elenor Roosevelt. Introduction by Governor Earl Warren. "I think this story will illustrate one important age-old truth, namely, that faith and confidence are essential factors in healing. Anyone who has watched polio patients find their way back to a normal life will understand why most of them have such a gallant spirit and will meet difficulties without fear or trepidation....I always felt that it was my husband's successful fight to take up life after polio that gave him the courage to face the conditions of the country in 1933 and announce that there was 'nothing to fear but fear itself'."</i>

- MEMORIES OF POLIO EXPERIENCE Barrow, Kenneth **Helen Hayes: First Lady of the American Theater.** *By: Kenneth Barrow.* [NY: Doubleday & Co., 1985] 216 pgs. (Hardback with jacket) *"When she tragically lost her only natural child to polio, Hayes bravely rose above her grief to champion the vaccine which spared the lives of countless others."* Daughter Mary MacAuthor, age 19, succumbed to bulbur polio in 1949. She and Helen were very close and shared many similarities. They were both actresses in the same play when Mary fell ill. Theater friends created a fund in Mary's honor that endowed a 12-bed respiratory ward in Boston's Children's Hospital. After Mary's death, Helen dedicated herself to the National Foundation and its crusade to eradicate polio. She accepted a position of national chairman of volunteers. Once the polio virus was isolated, Helen helped the public overcome its fears of inoculation. Jonas Salk credited Helen as being one of his biggest assets in getting his vaccine to the world. To mark her 80th birthday, the town of Haverstraw, NY, dedicated a new hospital to her.
- MEMORIES OF POLIO EXPERIENCE Beisser, Arnold R (M.D.) **A Graceful Passage: Notes On The Freedom To Live Or Die.** [NY: Doubleday & Co., 1990] 229 pgs. (Softbound) *"Almost forty years ago, polio left a young medical school graduate and championship tennis player permanently paralyzed from the neck down. In circumstances the rest of us would deem unbearable, he not only came to terms with his disability, he learned to transcend it, to find new meaning and profound pleasure in life. Now, at age 65, Dr. Arnold Beisser is facing another challenge - one that we all face - and asking a fundamental question: Should we be allowed to die at a time of our own choosing? In a society that regards the topic of death as taboo and in an age when medical technology can sustain biological life long after the spirit has waned, Dr. Beisser shares his struggle, as both a doctor and a patient, to come to terms with death. This is his personal story, of declining health and hope, told with honesty, courage, and gentle humor. It is also his attempt to take the question of the individual's right to die out of the hospitals and courts and bring it home to each one of us. Most of all, A Graceful Passgae is Dr. Beisser's way of demonstrating a powerful truth."*
- MEMORIES OF POLIO EXPERIENCE Black, Katherine **In The Shadow of Polio: A Personal and Social History.** *By: Katherine Black.* [Menlo Park, CA: Addison Wesley Publ. Co., 1996] 307 pgs. *"In 1954 Kathryn Black's mother became one of millions of people worldwide stricken with polio. A year later, as the Salk vaccine became widely available, the nation heaved a collective sigh of relief, and promptly buried its memories along with its dead. In the Shadow of Polio offers a penetrating look at this intense and significant period in American history. Black explores the lethal progression of her mother's illness and its devastating emotional impact upon her family, interweaving her story with chapters that broaden into the social and historical context of the epidemic that randomly swept the nation in the 1940s and 1950s. Rich with anecdotes from Black's years of interviews and correspondence, In the Shadow of Polio, is a journey into the homes and hospitals, the lives and memories of the people who lived through this period in our common past. What Black renders with aching grace is the inner and outer horrors of polio and its wake of devastation. She writes with both literary and personal authority."*
- MEMORIES OF POLIO EXPERIENCE Bledsoe, Jerry **The Angel Doll: A Christmas Story** [NY: St. Martin's Press, 1997] 103 pgs. (Hardcover with jacket) *Based on author's childhood memories: "Set in a North Carolina manufacturing town during the 1950s, it is the poignant story of two ten-year-old boys and their search for an angel doll, the search that turned into a lesson of love. Every day Whitey Black reads 'The Littlest Angel' to his sister Sandy, a four-year old stricken with polio. Now she wants just one thing for Christmas: an angel doll. In their small town no one has heard of such a thing. Whitey Black and his best friend set out to find her one, at great cost and for an even greater reward. Along the way they learn much about sadness and heartbreak, but most important, they learn about the transformative power of love."*

- MEMORIES OF POLIO EXPERIENCE Bontemps, Arna **The Story of George Washington Carver.** By: Arna Bontemps. [NY: Grosset & Donlap, 1954] 181 pgs. (Hardcover) *This is written as a child's book, part of the Signature Book Series. This delightful story includes a narrative about Professor Carver's laboratory at Tuskegee. Through his agricultural experiments he learned that peanuts, a common crop of nearby farms, were a derivative used in many other products. The peanut oil he extracted after separating the fats, sugars, starches, and resins he stored in jars in the lab. When a young white boy came to see the lab and experiments that were drawing attention in the community, Carver took an interest in him. The boy used crutches, his legs withered from having had polio. Carver rubbed the boy's legs with peanut oil, thinking it might make the worn-out muscles and bones feel better. After repeated sessions and within a year the boy walked without crutches or a cane. The doctors marveled, recognizing that peanut oil alone cannot cure polio and concluding that the expert rubbing helped. Publicity caused parents from all over*
- MEMORIES OF POLIO EXPERIENCE Carter, Nancy Baldwin **Of Myths and Chicken Feet: A Polio Survivor Looks At Survival.** By: Nancy Baldwin Carter. [Omaha, NE: NPSA Press, 1992] 105 pgs. (Softbound) *Included is an introduction about polio and Post-Polio Syndrome written by Jacqueline Perry, M.D. The author Nancy Baldwin Carter founded in 1984 the Nebraska Polio Survivors Association, the first state-wide post-polio agency. She served as its Director until 1990, and continues to write and edit NPSA's newsletter Gleanings. "It is from her popular editorials that many of the essays in this book come. She has a clear focus on the world of the disabled. Her regular audience will appreciate the insights she expresses here, and new readers will soon find they love her wit and wisdom. It is typical that she has assigned the profits from this book to NPSA."*
- MEMORIES OF POLIO EXPERIENCE Castillo, Ana **Peel My Love Like An Onion** [NY: Doubleday, 1999] 213 pgs. (Hardback with jacket) *The main character of this novel is a "flamenco dancer of local renown in Chicago, despite the obstacle of a gimpy leg, the legacy of a childhood attack of polio.... Add to that the looming reassertion of her crippling disease ... and you have all the ingredients for a love story a la Ana Castillo - equal parts soap opear, tragicomedy, and rhapsody. Laced with sarcastic asides and dead-on observations, Peel My Love Like An Onion is a universal work imbued with love's power to vex and exalt."*
- MEMORIES OF POLIO EXPERIENCE Crowley, Madeleine **Called to Rise: A Journey Through Disability.** By: Madeleine Crowley. (Polio survivor & SFBAPS member) [Reno: Western Book/Journal Press, 2001] 208 pgs. (Softbound)
- MEMORIES OF POLIO EXPERIENCE Douglas, William O. **Go East, Young Man: The Early Years. (The Autobiography of William O. Douglas).** [NY: Random House, 1974] 493 pgs. (Hardcover with jacket) *"A uniquely American and uniquely personal document, Go East, Young Man is Justice William O. Douglas' own story of his life, from his boyhood to his appointment to the Supreme Court in 1939. Filled with anecdotes and warm recollections of the people he has known - both the famous and the plain citizens - this is the first book of his personal experiences in more than a decade, since such great best sellers as Beyond the High Himalayas and Of Men and Mountains. It is the Douglas book for which this great American's public has waited for many years. Justice Douglas tells what it was like for him to grow up in Yakima, WA, fatherless and poor, and having to overcome a childhood bout with polio. He tells how he learned from his earliest years to identify with the underprivileged and to distrust people of wealth and position. He writes of his love of the land, of riding the rods, of getting to know the hobos, workers, minorities, and native American radicals. And the reader sees how these early experiences were t*

- MEMORIES OF POLIO EXPERIENCE Douglas, William O. **Of Men and Mountains.** By: William O. Douglas, a polio survivor and Justice of the U.S. Supreme Court. [Subtitle: A book of adventure - physical and spiritual - in the mountains of the Pacific Northwest] [NY: Harper & Row, 1950] 338 pgs. (Hardcover with jacket) *"When Bill Douglas was a child he nearly died of infantile paralysis. To build back the strength in his wasted legs, he started hiking through the sage-covered foothills around his home in Yakima, WA. The cure worked; and year by year he pushed his explorations further into the tangled, rugged mountains of the Pacific Northwest.... Of Men and Mountains is a book of personal adventure and discovery. It is an account of the way Douglas - and other men - found a richer life in the mountains, and how they found something else besides."*
- MEMORIES OF POLIO EXPERIENCE Farrow, Mia **What Falls Away, A Memoir.** By: Mia Farrow. [NY: Doubleday, 1967] 370 pgs. (Hardback with jacket) *"In an exquisitely written memoir, Mia Farrow introduces us to the landscapes of her extraordinary life.... She was born the third of seven children to the beautiful actress Maureen O'Sullivan and successful writer/director John Farrow, but the isolation of a polio ward brought her childhood to an abrupt end at the age of nine.... Told with grace and deep understanding, as well as humor, What Falls Away goes beneath the surface of this amazing life, with all its drama, success, and pain, and exposes the inner workings of a mind and spirit for whom truth, compassion, and faith are essential. Mia Farrow's story is ultimately one of hope and courage in the face of difficulty; of commitment to others – most important of whom are her children; and of spiritual strength. Readers will not easily forget this remarkable book, even long after the last page is turned." Mia Farrow writes on page 7: "If polio marked the end of my childhood, it also left me with embryonic survival skills. I discovered that what whatever .*
- MEMORIES OF POLIO EXPERIENCE Gould, Tony **A Summer Plague: Polio and Its Survivors.** By Tony Gould.
- MEMORIES OF POLIO EXPERIENCE Graham, Winston **The Walking Stick.** By: Winston Graham. [NY: Doubleday, 1967] 278 pgs. (Hardback with jacket) *"Winston Graham is one of England's most famous suspense writers and is the author of such widely-read novels as Marnie and After the Act. His works have been translated into 14 languages and 5 motion pictures. With The Walking Stick, he adds new luster to his much respected literary reputation." This novel is about the cultured and beautiful daughter of an intellectual English family. In her youth she contracted polio, and now, with the aid of a walking stick, walks with a bad limp. But Deborah is not without resources. One of London's most elegant auction houses employs her to appraise their precious chinaware. She is a trusted and highly skilled employee, whose work has become her life; and in another sense, a substitute for life. ...An attractive bohemian painter tempts her into the open, away from the defenses of her upbringing and the reticencies of her disability. Deborah falls in love, and is drawn by small and sinister steps into a world new to her, a world of skills and front men where the stakes are high and the danger also. The climax of this book is a pr*
- MEMORIES OF POLIO EXPERIENCE Hall, Robert F. **Through The Storm: A Polio History.** By: Robert F. Hall. [North Star Press, 1990] 147 pgs. (Softbound) *"In straightforward language, Bob Hall describes the assault polio made on him and others in the polio ward of County Hospital in Omaha, Nebraska. He then chronicles his and his companions' recovery and rehabilitation. This book will help readers understand the nature of polio, its impact on the '40s and '50s, and how to grow in the face of crippling life changes. Hall's tools for recovery and survival still apply today."*

- MEMORIES OF POLIO EXPERIENCE Hawkins, Leonard C. & Lomask, Milton **The Man In The Iron Lung: The Frederick B. Snite, Jr., Story.** By: Leonard C. Hawkins with Milton Lomask. [NY: Doubleday & Co., 1956] 253 pgs. (Hardcover with jacket) [Subtitle: The inspiring story of Frederick Snite, Jr. who turned a tragedy into a triumph.] *"A warm biographical tribute to the well-known victim of paralytic polio whose courage and selflessness were a shining inspiration to all." Polio struck Frederick Snite in 1936 at the age of 25 while enjoying a round-the-world pleasure cruise. His rosy future "ended suddenly not with the uncompromising finality of death - but with something that could have been worse: lifelong consignment to a living grave, years of helpless internment in an iron coffin. Frederick Snite was one of the first victims of paralytic polio whose lives thenceforth were to depend upon the continuous functioning of a massive, unwieldy device of bellows, gears, and motors. The story of Fred Snite is for all who are either too big or too small to be scared of or cynical about words like love, faith, and courage. For these were precisely the qualities that saved him. Because*
- MEMORIES OF POLIO EXPERIENCE Kehret, Peg **Small Steps: The Year I Got Polio.** By: Peg Kehret. [Morton Grove, IL: Albert Whitman & Co., 1996] 177 pgs. (Hardback) *The author describes her polio experience from diagnosis to hospitalization to treatments and recovery to return to school, commenting about her polio friends also hospitalized and the reaction of non-polios, and finally touches on her post-polio syndrome experience.*
- MEMORIES OF POLIO EXPERIENCE Keyes, Jr., Ken **Discovering The Secrets of Happiness: My Intimate Story.** By: Ken Keyes, Jr. [Coos Bay, OR: Love Line Books, 1989] 231 pgs. (Paperback) *Ken writes, among other things, about "how he survived polio in his twenties, and through his work has gone on to become an inspiration to millions - despite being a quadriplegic confined to a wheelchair for over 40 years. "Polio struck Ken Keyes, Jr. in February 1946, at the age of 25. "Both of my legs and the fingers of my left hand became totally paralyzed and the fingers of my right hand generally so. Functioning arm muscles were few, although some back and abdominal muscles survived. In one week I went from a 25-year-old businessman to a convalescent who needed constant assistance just to stay alive. By medical definition, I was left 100 percent disabled. Life had thrown me a lemon. How do you make lemonade from that? How could I deal with this calamity - or was it really a calamity?... I see my life as having been enriched by polio - because without it, I do not think I would have discovered the personal growth methods that have meant so much to me...." "There are over 3 million of Ken Keyes's books in print v*
- MEMORIES OF POLIO EXPERIENCE Kirkendall, Don & Warren, Mary Phraner **Bottom High to the Crowd: The story of one man's fight against a crippling disease.** By: Don Kirkendall & Mary Phraner Warren. [NY: Walker & Co., 1973] 221pgs. (Hardcover) *" 'Limited in some ways by a wheelchair. Perhaps.' It is the 'perhaps' that tells the story - the real life drama of one man's indomitable struggle against the effects of infantile paralysis.... Don learns at an early age that his biggest obstacle is not his useless limbs, it is overcoming the prejudice that people in wheelchairs face.... What makes Don's story so compelling and unique is his refusal to make excuses for himself - even to himself....Readers from all walks of life will find Don's story inspiring - often poignant, but always good-humored, warm, and very human."*
- MEMORIES OF POLIO EXPERIENCE Knef, Hildegard **The Verdict.** By: Hildegard Knef. [NY: Farrar, Straus & Giroux, 1975] Best selling author tells story character's cancer diagnosis, interweaving her past and present illnesses that included childhood polio. *"Knef's remarkable character sketches of the medical people will arouse rueful recognition and indignant defense. But these memorable portraits and stories are also sympathetic, always accompanied by the saving grace of humor. And credit is given where due."*

MEMORIES OF POLIO EXPERIENCE	Kriegel, Leonard	The Long Walk Home: An Adventure in Survival. <i>By: Leonard Kriegel.</i> [NY: Appleton-Century, 1964] 212 pgs. (Hardback with jacket) The author contracted polio in 1944 at age eleven while at summer camp. "With great clarity and no self-pity, Leonard Kriegel tells of the shattering, confusing years that followed. Here are all the fear, bitterness, and rebellion that took him and his fellow patients through two years in a special hospital (New York State Reconstruction Home in West Haverstraw); his isolation in the Bronx apartment that serves as both prison and sanctuary; and the grueling years of his final rebellion when, burnt out of bitterness, he decided to use his rage to rehabilitate himself with a series of punishing exercises. <u>The Long Walk Home</u> probes far deeper than the usual sentimental account of rehabilitation and recovery. It tells of a boy's hopes and fears, terrors and loves, as he faces manhood as a cripple. And it points out that self-realization is rooted in the ability to howl as well as accept, and to go down kicking in order to come up squirming."
MEMORIES OF POLIO EXPERIENCE	Lee, Allen V. & Rorem, Melva	My Soul More Bent. <i>By: Allen Lee & Melva Rorem. (polio in senior year Luther Theological Seminary)</i> [MN: Augsburg Publ., 1948] 111 pgs. (Hardcover) "Allen Lee was stricken with polio just before entering his senior year of study at Luther Theological Seminary, St. Paul, MN. Being left almost completely paralyzed ... several years later he returned to finish his course at the Seminary, and today his work takes him from coast to coast.... (W)hat he has done with his misfortune shines as a beacon light of hope to other physically handicapped people. He does not live in a world of unreality, nor is his an oveoptimistic philosophy. Rather, with the crystal-clear vision of true perspective, he places physical distress in its proper relation to the life of the spirit. To walk with Allen Lee the bewildering maze of pain and suffering that was his, is to walk with him also the road of ultimate triumph and victory. For a dream was born in his heart that he could not let go. In <u>My Soul More Bent</u> he shares his realization of that dream."
MEMORIES OF POLIO EXPERIENCE	Marshall, Alan	I Can Jump Puddles. <i>By: Alan Marshall.</i> [Melbourne: F.W. Cheshire, 1955] 225 pgs (Softcover) Story of author's childhood faced with problem of crutches, describing a period that has passed and what made the people self-reliant, forthright, and compassionate.
MEMORIES OF POLIO EXPERIENCE	Marshall, Alan	These Are My People. <i>By: Alan Marshall.</i> [Melbourne: F.W. Cheshire, 1945] 207 pgs. (Hardcover) Author had polio.
MEMORIES OF POLIO EXPERIENCE	Mee, Charles L.	A Nearly Normal Life: A Memoir. <i>By: Charles L. Mee.</i> [Boston: Little, Brown & Co., 1999] 223 pgs. (Hardback with jacket) <i>Charles Mee contracted polio in 1953 at age 14 in a Midwestern town. "Mee emerged from near death confronted by an enormous life change that challenged all the institutions he believed in. He was forced to re-define himself - a task requiring constant subterfuge. He was almost the same person as before; he was nearly normal. Through voracious reading, Mee discovered his intellectual precocity and his status as an outsider. Ultimately, he rejected the beliefs of his father, causing a lifelong estrangement. Polio has been a journey that brought Charles Mee to places he would never have otherwise gone - and to where he stands today. His counsciousness as a man and writer began the night he collapsed. In beautiful prose, he unravels the mysteries of his Cold War youth, voicing the mind of a child with a potentially fatal disease and of a man whose recognition of himself as a disabled outsider heightens his brilliance as a storyteller. Charles Mee is a playwright</i>
MEMORIES OF POLIO EXPERIENCE	Mujica, Barbara	Frida (A Novel Based On the Life of Frida Kahlo). <i>By: Barbara Mujica.</i> [NY: Penguin Putnam Inc., 2001] 363 pgs. (Softcover) "A brilliantly inventive novel about the celebrated artist immortalized in the film starring Salma Hayek."

- MEMORIES OF POLIO EXPERIENCE Nudelman, Dorothea & Willingham, David (MSW) **Healing The Blues: Drug-Free Psychotherapy For Depression.** By: Dorothea Nudelman & David Willingham, MSW. [Pacific Grove, CA: Boxwood Press, 1994] 234 pgs. (Hardback with jacket) *"Dorothea Nudelman, a successful English Professor, wife and mother, was stricken with polio in 1949 when she was 9 years old. After weathering that life-threatening crisis and successfully coping despite her handicap, 38 years later, she began to suffer the crippling effects of Post-Polio Syndrome and plunged into a deep depression." "Written in two personal voices, patient and therapist, this is the gripping story about the depression of a brave woman who faced her own despair and transformed it into a creative renewal of her life. Healing The Blues is also a Guidebook to a drug-free approach to healing depression."*
- MEMORIES OF POLIO EXPERIENCE Oppenheimer, Garrett (M.D.) **The Golden Handicap: A Spiritual Quest. (A Polio Victim Asks, "Why?" and Turns His Life Around).** By: Garrett Oppenheim, Ph.D. with Gwen Oppenheim. [Virginia Beach, VA: Assoc. of Research and Enlightenment (A.R.E.) Press, 1993] 237 pgs. (Softbound) *"Dr. Oppenheim, a noted therapist, uses his own life's experiences as a polio survivor to counsel parents and friends of the handicapped on how to deal positively with a healing of the spirit. 'There is a divine reason for your disability. Go with it!' This advice can be both healing and transforming. For anyone working with a disability, this book helps remove the despair and hopelessness and, with a sense of adventure, allows you to find happiness and fulfillment."*
- MEMORIES OF POLIO EXPERIENCE Owen, Howard **Answers to Lucky.** By: Howard Owen. [NY: Harper Collins Publ., 1996] 214 pgs. Hardcover with jacket. *{Story of twin sons born to a poor Southern family in 1946. The son nicknamed "Lucky" contracts polio 8 yrs later and becomes invisible to his father who shows preference for the other son. Lucky dissociates himself from his family as soon as he can do so. In 1992 the other son is a candidate for governor in a heated race and Lucky returns to reconnect with his estranged family. Infidelity, deception, pride, and a rich man's secret wrath conspire to turn the election, and the fortunes of the family, in directions no one could have foreseen. Set against the murky backdrop of Southern politics and Christian Right, ambition and the tidal pull of family, Answers to Lucky is a novel of remarkable power and indelible effect." "A quietly powerful narrative, a poignant study of sibling rivalry and family of dysfunction."}*
- MEMORIES OF POLIO EXPERIENCE Rudolf, Mimi **Inside The Iron Lung.** Mimi Rudolph. [Buckinghamshire: The Kensal Press, 1984] 224 pgs. (Hardcover with jacket) *"Losing a leg in a rail accident at the age of 12 was the least of the afflictions to befall Mimi Rudolph in an incredible life of suffering and endurance. She was smitten with Bulbar spinal polio as a young bride. She gave birth to her second baby inside the iron lung. She survived countless doctor's warnings of death. She fought back against total paralysis, respiratory failure and unremitting pain to rebuild a useful life from wheelchair and breathing machine, making a major contribution in musical education and administration in California. ... (Her life was that of organizing concerts, competitions and music festivals and putting her own experience at the service of other disabled people. Mimi Rudolph has told her own story, from the time of the loss of her leg to her struggle against a killer disease. The devastating simplicity of her style, the heart-rending poignancy of her story, the inspiring nature of her example, make this book a moving experience. She has a staggering - even shockir*

MEMORIES OF POLIO EXPERIENCE	Sheed, Wilfrid	In Love With Daylight, A Memory of Recovery. <i>By: Wilfrid Sheed.</i> [NY: Simon & Schuster, 1995] 255 pgs. (Hardcover with jacket) "During a childhood bout with polio, Sheed learned to his relief that few diseases are as bad as they look from the outset and, to his amazement, that he was actually happier fighting polio than he had ever been before....With humor and sensitivity, Sheed relives the stages of his self-motivated recovery, sharing each sensation on the road back to daylight and giving hope to the depressed or addicted that the same natural forces that automatically come to one's aid in physical crisis stand by to serve you now, and that a "high" which can last a lifetime awaits one on the far side of depression. When this ordeal was over, Sheed was diagnosed with cancer, but drawing on all the lessons he'd learned from his other illnesses, he found a tranquility in the eye of the storm that 'healthy people will never know' as the cancer seemed to abate."
MEMORIES OF POLIO EXPERIENCE	Stranger, Joyce	Stranger Than Fiction. <i>By: Joyce Stranger.</i> [Great Britain: Corgi Books, 1984] 219 pgs. (Paperback) <i>"The story of Elspeth Bryce-Smith, the polio child whose love of horses gave her a new and adventurous life."</i>
MEMORIES OF POLIO EXPERIENCE	Taylor, Russell Frederick (M.D.)	A Memorial for Russell Frederick Taylor, Polio '53. <i>By: Russell Frederick Taylor, MD. With contributions by: Nelson Nix, MD; J.F. Elliott, MD; B.J. Sproule, MD.</i> [Edmonton, Alberta, Canada: Univ. of Alberta Press, 1990] 95pgs. (Hardcover) "Dr. Taylor wrote down his experiences as Director of the program set up to deal with the epidemic of poliomyelitis that struck Edmonton in the summer and fall of 1953. In vivid detail he sketches the background of the worst medical emergency ever faced in northern Alberta and describes how he and others coped as more and more young people succumbed to this frightful illness and had to be placed in iron lungs to enable them to breath...."
MEMORIES OF POLIO EXPERIENCE	Walker, Turnley	Rise Up And Walk. <i>By: Turnley Walker.</i> [NY: E.P. Dutton & Co., 1950] 95 pgs. (Hardback with jacket) <i>This book "is a spontaneous outpouring which stems from the author's own shattering experience. As writing and as feeling, it is a minor classic -- brief, terse, and telling like a telegram from Heaven and Hell. With an incredible economy of words Turnley Walker tells the entire frightening and reassuring story: the first blow, the panic, the pain and the point of mental and physical reclamation when he can say: "You relax, and the softness of the moonlight takes you gently into a dream in which your victory continues forever." "A tender and discerning book about the kind of faith and courage that overcomes tragedy. Anyone who has suffered the ravages of illness, particularly those crippled by infantile paralysis, will find an inspiring message in this book."</i>
PPS	Accent on Living Magazine	Post Polio (an Accent guide) <i>Edited by: Raymond Cheever & Bette Garee.</i> [Bloomington, IL: Cheever Publ., Inc., 1987] 47 pgs. (Paperback) <i>Compilation of several articles about polio and post-polio syndrome that appeared in <u>Accent on Living</u> magazine.</i>
PPS	Baker, Beryl K.	Nana Needs A Nap. <i>By: Beryl K. Baker.</i> [www.NanaNeedsaNap.com] 26 pgs. (Paperback) <i>"You will be delighted by the amusing and distinctive illustrations of Mr. Bodnar and Mr. Barry as the author discusses her true story and some of the symptoms of Post-Polio syndrome. This coffee table book is told from the perspective of a grandchild and can be understood and enjoyed by young and old alike."</i>
PPS	GINI	Eighth International Post-Polio and Independent Living Conference, June 8-10, 2000, St. Louis, Missouri, Program Book. [Gazette International Networking Institute, 2000] (spiral bound)
PPS	GINI	Handbook On The Late Effects of Poliomyelitis For Physicians and Survivors. <i>Edited by: Gini Laurie, Frederick Maynard, MD, D. Armin Fisher, MD, Judy Raymond.</i> [St. Louis: Gazette International Networking Institute, 1984] 48 pgs. (Softcover)
PPS	Halstead, Lauro (M.D.)	Managing Post-Polio: A Guide to Living Well With Post-Polio Syndrome. <i>By: Lauro Halstead M.D.</i> [Wash., D.C.: National Rehabilitation Hospital Press, 1998] 240 pgs. (Softbound)

- PPS Halstead, Lauro (M.D.) & Grimby, Gunnar (M.D., Ph.D.) **Post-Polio Syndrome.** By: Lauro Halstead, M.D. & Gunnar Grimby, M.D., Ph.D. [Phil: Hanley & Belfus, Inc., 1995] 230 pgs. (Hardcover) “ *The disorder of post-polio syndrome (PPS) is undoubtedly as old as paralytic polio itself. The term, however, and the recognition of the clinical entity are relatively recent.... In creating this volume we have attempted to present some of the exciting new work being done in the pathogenesis of PPS as well as a state-of-the-art discussion of the best ways to manage the most important and challenging clinical problems of PPS. A section on personal and psychological issues, which previously have not been adequately emphasized, offers the reader insight into the special physical and psychological challenges of living with PPS.... (Q)uestions about PPS as a distinct clinical entity remain: there is no pathognomonic test; the symptoms are subjective and fairly general; and there is no truly distinctive symptom pattern. In addition, the pathogenesis remains elusive. This volume includes discussions of the tantalizing findings that suggest several possible causes, from motor unit dysfunction due to overwork or prema-*
- PPS Kaiser Fdtn. **Ageing With A Disability: The Late Effects of Polio.** Program book for 6th Annual Rehabilitation Symposium, Kaiser Foundation Rehabilitation Center, **September 19, 2003.** (Co-sponsored by SFBAPS). 200 pgs. EST (spiral bound) [Videos of conference proceedings are also available]
- PPS Maynard, Frederick M. (M.D.) & Headley, Joan **Handbook on the Late Effects of Poliomyelitis For Physicians and Surgeons.** (Revised Ed. By Frederick M. Maynard, M.D. & Joan Headley.) (Foreward by Martin B. Wice, M.D.) [St. Louis: GINI, 1999] 103 pgs. (Softbound)
- PPS Rancho Los Amigos Med. Ctr. **Meeting the Challenges of Aging With A Disability: Lessons Learned From Post Polio and Stroke. (A Research Update With Practical Analysis). March 19-20, 1993, Long Beach, CA. Program Book.** Co-Editors: Margaret L. Campbell, PhD & Arleen Wilson Jacobs. (Sponsored by the Rehabilitation Research & Training Center on Aging, Rancho Los Amigos Medical Center, Downey, CA, in conjunction with Southern California Post Polio Network, Stroke Association of Southern California, and International Polio Network.) (looseleaf binder)
- PPS Silver, Julie K. (M.D.) **Post-Polio: A Guide For Polio Survivors & Their Families.** By: Julie K. Silver, M.D. (Foreward by Lauro S. Halstead, M.D.) [New Haven: Yale University Press, 2001] 280 pgs. (Hardcover with jacket) “This book on the diagnosis and management of polio-related health problems is an essential resource for polio survivors and their families and friends. Dr. Julie K. Silver, who has both professional and familial experience with post-polio syndrome, begins the book by defining and describing post-polio syndrome and providing an historical overview of its diagnosis and treatment. Chapters that follow discuss finding good medical care, relieving pain, improving strength, sustaining mobility, preventing osteoporosis and falls, and maintaining proper nutrition and weight. Dr. Silver reviews the latest in braces, shoes, assistive devices, and wheelchairs and scooters. She also explores issues involving surgery, complementary and alternative medicine, safe and comfortable living environments, insurance and disability, and sex and intimacy.”
- PPS Silver, Julie K. (M.D.) & Gawne, Anne C. (M.D.) **Postpolio Syndrome.** By: Julie K. Silver, M.D. & Anne C. Gawne, M. D. [Philadelphia: Hanley & Belfus (affiliate of Elsevier), 2003] 323pg. (Softcover) “*Written by international experts, this book describes the features of PPS and its diagnosis, evaluation, management, and rehabilitation. Current evidence-based guidelines for specific rehabilitation therapies for all polio survivors are covered, including exercise therapy, aquatic therapy, and energy conservation measures. Practical information on topics such as aging, prevention of secondary disability, swallowing disorders, and use of assistive devices to help with activities of daily living is presented. The psychological issues that affect people with polio-related disability are also addressed.*” (*The most-up-to-date book currently available *Written for healthcare providers who need to be educated about polio issues *Evidence based text *Extremely useful information for polio survivors despite some medical terminology *Written by many of the top polio doctors and therapists in the world.)

- PPS Trojan, Daria A. **Current Trends in Post-Poliomyelitis Syndrome.** By: Daria A. Trojan, M.D., MSc. & Neil R. Cashman, M.D. [NY: Milestone Med. Commun., 1996] 225 pgs. (Softcover)
(M.D., MSc) &
Cashman, Neil R.
(M.D.)
- PPS UC Davis Health System **Post-Polio Sequelae Conference, Saturday, January 8, 2000, Sacramento, CA, Program Book.** (Sponsored by UC Davis Health System, Dept. of PM&R and Continuing Medical Education and Resources For Independent Living) 92 pgs. (soft bound)
- ROOSEVELT Cook, Blanche Wiesen **Eleanor Roosevelt (Vol. One, 1884-1933).** By: Blanche Wiesen Cook. [NY: Viking Penguin, 1992] 302 pgs. (Hardcover with jacket) *"leanor Roosevelt is the most important woman in American political history, and in this definitive biography, ten years in the making, Blanche Weisen Cook re-creates her in all of her roles - as a visionary, an activist, a political wife, and a woman, for more independent than we knew. No other First Lady has had a greater influence on the course of democracy in this century, and no other book about Eleanor Roosevelt captures the complexity of her character - her wit, her passion, her boldness, and her commitment to greater dignity and security for all women and men.... This books celebrates a woman of unfailing energy and blithe courage, whose biography can be used as a handbook - inspiring and exhilarating - for all women and men interested in a just society."*
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- ROOSEVELT Gould, Jean **A Good Fight: The Story of FDR's Conquest of Polio.** By Jean Gould. [NY: Dodd-Mead, 1960] 308 pgs. (Hardback with jacket) *"Here, for the first time, is gathered together in one consecutive whole, the story of (FDR's) personal struggle against the awkwardness, weariness and pain that were hidden from others by years of patient practice, but always an inescapable part of every moment of his life....Few people ever realized how serious Roosevelt's attack was, or how many years his convalescence lasted, how varied and ingenious was the mechanical apparatus devised for exerrcises, braces, wheel chairs, ramps, car-driving adaptations; and how any other physical problems had to be solved to make a strenuous public life possible, not only on a national but on a world-wide scale...." "The author's research for A Good Fight has taken her to Hyde Park and included interviews with Mrs. Eleannor Roosevelt and other members of FDR's family. She has also visited Warm Springs, where the good offices of Mr. Basil O'Connor paved the way for reminiscences from people who had known the President there."*

- ROOSEVELT Gunther, John **Roosevelt In Retrospect: A Profile in History.** By: John Gunther. [NY: Harper & Bros., 1950] 410 pgs. (Hardcover with jacket) *"Here is a famous writer's outspoken, intimate portrait of Roosevelt as only John Gunther could do it. It is the first over-all and objective appraisal of Roosevelt as a human being.... Gunther wrote his character sketch, his pro-and-con estimate, his impartial historical appraisal - and then found out that, to explain satisfactorily the colossal mysteries and contradictions of the Roosevelt character, he had to start afresh and write his whole life. So what began as a brief study turned into a long, critical biography. Even though so much has already been written about Roosevelt, the amount of new and hitherto untouched material Mr. Gunther found almost drowned him.... Other books will be written about Roosevelt - until the end of time. John Gunther's is the first that attempts a serious over-all estimate of every aspect of his character, the secret springs that drove him to his incredible career, the real sources of his power."*
- ROOSEVELT Hunt, John **The Essential Franklin Delano Roosevelt.** Edited by John Gabriel Hunt. (Library of Freedom series) [NY: Gramercy Books, 1995] 180 pgs. (Hardcover with jacket) *"In (this book), the major addresses and messages of the 32nd president highlight his administration's response to the Great Depression - the landmark initiatives of the New Deal - and to the major events of WWII. In addition to addresses he made as the governor of New York, there are all of Roosevelt's presidential inaugural addresses, many state-of-the-union speeches, and fund-raising speeches to aid victims of infantile paralysis, as well as his most important fireside chats, during which he spoke informally to radio listeners throughout the country. Also included are messages he sent to Hitler, Mussolini, and Hirohito in attempts to prevent the ominous occurrences in Europe and the Pacific from igniting a global war.... In (this book), you can follow these extraordinary events as they unfold, sharing in Roosevelt's decisions - and optimism - as if you, too, were living through one of the most challenging periods of the country's existence.*
- ROOSEVELT Lippman, Jr., **The Squire of Warm Springs: FDR in Georgia, 1924-1945.** By: Theo Lippman, Jr. Theo [Chicago: Playboy Press, 1977] 248 pgs. (Paperback) *"Why another book about Franklin Roosevelt? There are five reasons for this one.... A fourth reason is to try to recall that special-interest group Roosevelt was so much a captive of: the cripples of the earth, the compassions of Warm Springs, particularly. 'I am speaking to you tonight from Georgia Warm Springs Foundation for the victims of infantile paralysis,' Roosevelt told a national audience via radio one day in 1940, 'and I always feel that in this atmosphere one gets a better perspective of life, a better sense of proportion about all sorts of things, from peanuts to politics.' It was a unique presidential perspective, and likely will always be. A man or a woman with Roosevelt's disability would have, I believe, little chance of being elected President today...." (An entire chapter of this book is devoted to the health issue.)*
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- ROOSEVELT Schary, Dore **Sunrise at Campobello.** A Play in Three Acts By Dore Schary. [NY: Random House, 1958] 109 pgs. (Hardcover)

- ROOSEVELT Sherwood, Robert E. **Roosevelt and Hopkins, An Intimate History.** By: Robert E. Sherwood. [NY: Harper & Bros., 1948] 979 pgs. (Hardcover) *"During the years when Harry Hopkins lived as a guest in the White House, he was generally regarded as a sinister figure, a backstairs intriguer, an lowan combination of Machiavelli, Svengali and Rasputin. Hostility toward him was by no means limited to those who hated FDR. There were many of Roosevelt's most loyal friends and associates, in and out of the Cabinet, who disliked Hopkins intensely and resented the extraordinary position of influence and authority which he held.... But the Presidential aide who developed in the war years - and of whom General (later Secretary of State) George C. Marshall said, 'He rendered a service to this country which will never even vaguely be appreciated' - was in large measure Roosevelt's own creation. Roosevelt deliberately educated Hopkins in the arts and sciences of politics and of war and then gave him immense powers of decision for no reason other than that he liked him, trusted him, and needed him...."*
- ROOSEVELT Walker, Turnley **Roosevelt And The Warm Springs Story.** By: Turnley Walker. [NY: A.A.Wyn, Inc., 1953] 311 pgs. (Hardcover) Foreword by Eleanor Roosevelt: *"This book by Turnley Walker is, I think, one of the most delightful of the many books which have been written about my husband. Mr. Walker has caught the feeling of the Warm Springs community and described it very well. I think few people will read this book without enjoying it and many people will gain real help and better understanding of how handicapped people can have full lives and meet the world with courage and satisfaction. I am sure my husband would have liked this book and would have felt it told the story of one of the things in his life that meant more to him than almost anything else and he would have wanted it to be the kind of warm and helpful book that Mr. Walker has been able to write. I hope that I am not wrong in thinking that people will enjoy the Warm Springs story and my husband's part in it."*
- SELF-HELP Baublitz, Michael **Winter Wanderlust - 2002 (My Best Shots of Travels Through the Eastern Sierras of California and Northern Nevada in Late Winter).** {GEO-BLITZ Report #15} **Photographic Themes: Landscapes and Cloudscapes.** Michael T. Baublitz, Travel Photographer, is a member of SFBAPS.
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- SELF-HELP Schneider, Meir & Larkin, Maureen & Schneider, Dror **The Handbook of Self-Healing.** By: Meir Schneider, Maureen Larkin, & Dror Schneider. [NY: Penguin Putnam, Inc., 1994] 398 pgs. (Softbound) *Subtitle: Your Personal Program for Better Health and Increased Vitality. "Self-Healing is the unique discovery of Meir Schneider.... Meir cured himself of congenital blindness. In doing so, and in many years of dedicated practice since, he discovered techniques for working on all parts of the body. If you aren't well, Self-Healing can help you get better; if you are already healthy, Self-Healing can make you feel better than you ever have before. The Handbook of Self-Healing is not a rigid program of exercise and diet. It teaches you how to attend to your body, to respond to its needs and demands, to unlock its unused potential. Your body already possesses the tools for gaining and maintaining good health -- all you have to do is learn how to use them. This book shows you how."*
- SELF-HELP Wasch, William K. **Home Planning For Your Later Years** By: William K. Wasch. [Beverly Cracom Publications, 1996] 181 pgs. (Softcover) (New Designs, Living Options, Smart Decisions, How To Finance It)
- SISTER KENNY Cohn, Victor **Sister Kenny: The Woman Who Challenged The Doctors.** By: Victor Cohn. [MN: Univ. of MN Press, 1975] 203 pgs. (Hardcover with jacket) *"In this biography Victor Cohn, a prize-winning science medical writer, details the life of Sister Kenny and her significant role in the history of medicine. It is an inspiring story and one which will be of particular interest to those of the present generation who are engaged in the movement for women's equality. Sister Kenny's struggle against the bitter opposition of many doctors to her concepts for the treatment of polio dramatized the then common attitude of male chauvinism on the part of the medical profession toward nurses. The biography traces Sister Kenny's life from her birth in Australia, through her early nursing career in the bush, to her rise to prominence in America. Much of the narrative focuses on her confrontations with the medical establishment. Throughout, the author writes from an objective viewpoint, and in conclusion he assesses Sister Kenny's accomplishments."*
- SISTER KENNY Kenny, Sister Elizabeth **And They Shall Walk (The Life Story of Sister Elizabeth Kenny).** By: Elizabeth Kenny in collaboration with Martha Ostenso. [NY: Dodd, Mead & Co., 1943] 281 pgs. (Hardcover) *The story of Sister Kenny's life and her polio treatment technique.*
- SISTER KENNY Kenny, Sister Elizabeth **My Battle and Victory: History of the Discovery of Poliomyelitis as a Systemic Disease.** By: Sister Elizabeth Kenny. [London: Robert Hale Ltd., 1955] 124 pgs. (Hardcover)

SISTER KENNY	Pohl, John C. & Kenny, Sister Elizabeth	The Kenny Concept of Infantile Paralysis and Its Treatment. <i>By: John C. Pohl, M.D. in collaboration with Sister Elizabeth Kenny with a foreward by Frank R. Ober, M.D. [Mnpls./St. Paul, MN: Bruce Publ. Co., 1943] 366 pgs. (Hardcover) "This volume on Infantile Paralysis is an up-to-date discussion of the techniques now being advocated by Sister Elizabeth Kenny. The reader will find a well-conceived plan for the relief of pain and muscle spasm by the early and continued use of hot packs and a well-defined plan for re-education of the neuromuscular system... Sister Kenny puts great emphasis on muscle spasm in the affected muscles. One does not find mention of muscle spasm in textbooks, but there is no doubt that it is present and is a great factor in the production of early deformities unless relieved. Mental Alienation of muscles is another term used in the book, and does occur even in other conditions in which there is no paralysis. Braces and splints are not used to prevent early deformities since they make extremities stiff and increase muscle spasm. If the Kenny technique, with its continuous superb nursing, is followed, the physician will find that the affected parts bec</i>
SOCIAL SECURITY	Johnson, Frederick A.	How to Apply For And Win Social Security Administration Disability Benefits: 2000. <i>By: Frederick A. Johnson. [4th Millennium Edition, Newly Revised and Updated] [Columbia, MD: March 3rd Books, 2000] (Spiral Bound) Includes forms, regulations, and helpful instructions. 250 pgs. EST (spiral bound)</i>
SOCIAL SECURITY	Protection & Advocacy, Inc.	Social Security : Service Rights and Entitlement Programs Affecting Californians With Disabilities. Sept. 2001 & April 2002 inserts. (Sacramento, Protection & Advocacy, Inc. "PAI") www.pai-ca.org 1-800-776-5746 70 pgs. & 12 pgs.
SOCIAL SECURITY	Social Security Administration	Disability Evaluation Under Social Security. January 1998. <i>By: Social Security Administration, Office of Disability, January 1998. SSA Publication No. 64-039. 205 pgs. (Softcover)</i>
SOCIOLOGY ASPECT OF POLIO	Davis, Fred (Ph.D.)	Passage Through Crisis: Polio Victims and Their Families. <i>By: Fred Davis, Ph.D. [New Brunswick, NH: Transaction Publ., 1991] 195 pgs. (Softbound) "Based on a study of fourteen families in which a child had contracted paralytic poliomyelitis. (This book), first published in 1963, was widely praised for its penetrating - and, for its time, innovative - analyses of doctor-ptient communications, and for its interpretation of the meaning of physical disability in American society. In his new opening essay, Davis reflects on the enduring sources of the profound problem in human relations as well as on those changes in the culture of American health care that are helping to restructure doctor-patient relations along more open, less authoritarian lines.... <u>Passgae Through Crisis</u> retains for today's readers that essential quality that most engaged readers of a quarter cfenury ago: its vivid and probing ethnographic account of the impact of serious illness on the family,, the difficult processes of adjustment that ensure and, in these connections, the roll played (and toll exacted) by American values.</i>
SPORTS & ATHLETES	Klawans, Harold (M.D.)	Why Michael Couldn't Hit, And Other Tales of the Neurology of Sports. <i>By: Harold Klawans, M.D. [NY: Avon Books, 1996] 308 pgs. (Softbound) "What makes the world's greatest athletes truly great, setting them above others who possess comparable strengths and physiques? Why do the outstanding physical talents of certain athletes erode prematurely while their equals flourish for decades under similar circumstances? The answers are not found in the muscle, sinew, and bone structure ... but in the brain. After years in the ring, 'The Greatest,' Muhammad Ali, developed a tragic Parkinson's-like disease, while most of his boxing peers did not. Polio left Wilma Rudolph with a weakened and twisted right leg, but she went on to win three Olympic gold medals and become the fastest woman in the world. Rather than a handicap, Tourette's syndrome actually increases Mahmoud Abdul-Raul's prowess on the basketball court. A true neurological anomaly, 'Babe' Didrikson Zaharias excelled in numerous diverse sports, including basketball, baseball, golf, and track - a virtual one-woman Olympic team. Also: Lou Gehrig, Primo Carnera, Wayne Gretzky, Ben Hogan, V</i>
TIME CAPSULES	Los Angeles Times	Front Page: Collection of Historical Headlines from Los Angeles Times 1881-1987 [NY: Harry N. Abrams, Inc., 1987] (Hardcover)
TIME CAPSULES	Time-Life Books Editors	Our American Century: Events That Shaped the Century. [NY: Time-Life Books, 1998] 192 pgs. (Hardcover with jacket)

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TRAVEL	US Dept. of Justice	New Horizons: Information for the Air Traveler With A Disability. (U.S. Department of Transportation, 2d ed., July 1995) 40 pgs. (Paperback)